

# Fact Sheet

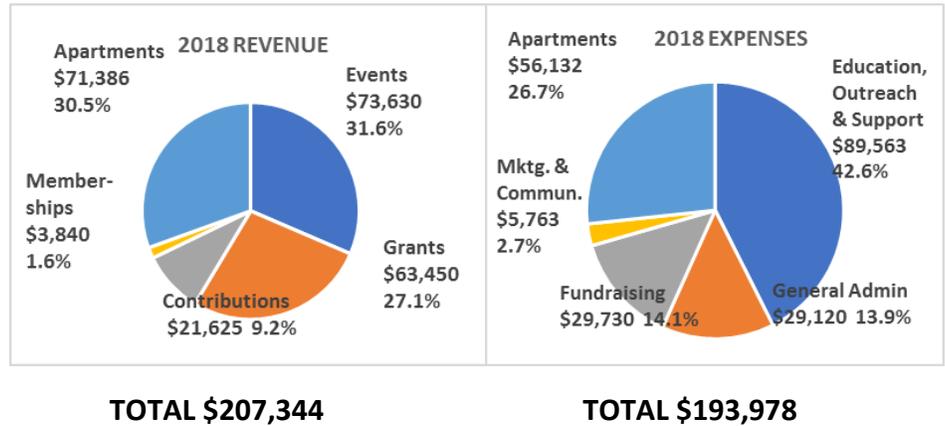


NAMI Affiliate of the Year 2012

Founded in 1991 \* 501(c)(3) organization \* EIN 57-0920882

## Our Mission

**NAMI Lowcountry is dedicated to improving the lives of people with mental illness and their families. We reach out to our community; advocate for mental health; and provide education and support so that all those affected can build better lives.**



## SIGNIFICANT

\* Staff: 1 PTE

\* People Served: 8,629

\* Volunteers: 418

\* Volunteer hours: 6,630

## STATISTICS

\* 31 Teachers, Facilitators and Presenters

\* Value of Volunteer Hours: \$163,695

- 926 adults living with a mental illness participated in **NAMI Connections** support groups; of these, 61 were in the military.
- 86 family members of adults living with a mental illness participated in **Family Support Groups**.
- 26 family members of adults living with a mental illness gained valuable insight and life skills in **Family-to-Family** education programs.
- 22 family members of children or adolescents living with a mental illness found a community of support through **NAMI Basics** and **Bases y Fundamentos** education programs.
- 10 adults learned new coping skills to enable them to live in recovery in **Peer-to-Peer** classes.
- 128 high school students learned about the signs and symptoms of mental illness through **Ending the Silence** presentations.
- 214 mental health patients at Beaufort Memorial learned that recovery is possible through interactive **In Our Own Voice** presentations; of these, 19 were in the military.
- 61 people attended **public mental health** education programs.
- 156 individuals called our office and received the help they needed for housing, mental health services, support or education.
- 730 people attending health fairs and events were able to take home information on mental health and free community services.
- Over 6,600 people attended events where NAMI Lowcountry representatives were speaking about mental health.
- 78 members of organizations serving active military, veterans and their families participated in the **Military and Veterans Service Alliance (MAVSA)**, founded by NAMI Lowcountry and the Honor Our Heroes Foundation.
- NAMI Lowcountry staff and volunteers joined community volunteers in the following work groups in Beaufort County's **Human Services Alliance**:
  - **Beaufort County Clubhouse**—bringing a Clubhouse International facility to Beaufort County;
  - **Mental Health Access Coalition;**
  - **Housing Coalition;**
  - **Transportation Committee.**